

Lockdown5.0/Unlock1-Guidelines to be implemented from 01.06.2020 to 30.06.2020.

1. It is in continuation to Punjab Government guidelines issued vide this office letter No.SS/ACSH/2020/424 dated 17.05.2020 vide which MHA guidelines dated 17.05.2020 to be followed during the period 18.05.2020 to 31.05.2020 were circulated for compliance.

The Ministry of Home Affairs (MHA), Government of India has, vide order No. 40-3/2020-DM-I(A) dated 30.05.2020, extended the Lockdown.5 only in Containment Zones from 01.06.2020 to 30.06.2020 and issued detailed guidelines for phased reopening (Unlock-1) of prohibited activities in areas outside the containment zones. These guidelines attached as Annexure-1 shall not be diliuted.

The district authorities may, however, impose additional restrictions, as deemed necessary, based on their assessment of the situation.

The activities other than those discussed below and the activities not expressly prohibited under MHA guidelines would be permitted.

2. Lockdown.5 to continue in Containment Zones:

- (I) Lockdown.5 shall continue to remain in force in Containment Zones till 30.06.2020.
- (ii) The Containment Zones will be demarcated by the District authorities after taking into consideration the guidelines of the Ministry of Health & Family Welfare, Government of India (MoHFW).
- (iii) In the Containment Zones, only essential activities shall be allowed. There shall be a strict perimeter control. There are separate guidelines of MoHFW in regard to activities in the Containment Zones and those will be strictly followed.
- (iv) The district authorities would also identify buffer zones outside containment zones wherein restrictions as considered necessary, may be put in place.

3. Guidelines for areas outside containment zones:

In supersession of all the previous guidelines, the guidelines as under, would be applicable in the State during the period01.06.2020 to 30.06.2020 outside the containment zones.

The list of activities permitted in Punjab in areas outside containment zones is enclosed herewith for ready reference as Annexure -2.



1. Movement of persons- Night curfew (9 pm to 5 am):

The movement of individuals for all the non-essential activities shall remain prohibited between 9.00 pm to 5.00 am. The district authorities are accordingly directed to issue prohibitory orders u/s 144 of Cr.PC and ensure strict compliance.

2. Protection of vulnerable persons:

The persons above 65 years of age, persons with co-morbidity, pregnant women and children below the age of 10 years are advised to stay at home except for essential requirements and for health purposes.

3. National Directives:

The National Directives for Covid-19 Management as specified in Annexure-I to the guidelines of 30.05.2020 of the Ministry of Home, Government of India, shall be followed throughout the State.

4. Prohibited activities:

The following activities shall continue to be prohibited:

- (i) Cinema halls, gymnasiums, swimming pools, entertainment parks, theatres, bars, auditoriums, assembly halls and similar places.
- (ii) Social/political/ sports/ entertainment/ academic/ cultural/ religious functions and other large congregations.
- (iii) Spitting in public places
- (iv) Consumption of liquor, pan, gutka, tobacco etc. in public places is prohibited. However, there will be no restriction on their sale.



5. Restricted activities:

- i) Marriage related gatherings Number of guests not to exceed 50.
- (ii) Funeral/last rites Number of persons not to exceed 20.

6. Religious places/places of worship for public

Religious places/places of worship for public will remain closed till further orders. However, the State Government, based on the SOP of the MoHFW, would issue SOP before 08.06.2020 for opening of these places.

7. Hotels and other hospitality services

Hotels and other hospitality services will remain closed till further orders. However, the State Government, based on the SOP of theMoHFW, would issue SOP before 08.06.2020 for opening of hotels and other hospitality services.

8. Shopping malls

Shopping malls will remain closed till further orders. However, the State Government, based on the SOP of theMoHFW, would issue SOP before 08.06.2020 for opening of shopping malls.

9. Restaurants

may be opened for take-home or home delivery services but in-dine services to remain closed till further orders. However, the State Government, based on the SOP of theMoHFW, would issue SOP before 08.06.2020 for resuming in-dine services by restaurants.



10. Inter-state movement of persons:

(i) Inter-State movement by trains:

Inter-State movement by trains is allowed subject to the condition that the inward passengers would follow the SOP of the Health Department in this regards. The passengers would be required to either download Cova-app and get self-generated 'e-pass' or declare their particulars at the railway station. The passengers would also be home quarantined for 14 days.

(ii) Domestic flights:

Movement by domestic flights is allowed subject to the condition that the inward passengers would follow the SOP of the Health Department in this regards.. The passengers would be required to either download Cova-app and get self-generated 'e-pass' or declare their particulars at the airport. The passengers would also be home quarantined for 14 days.



11. Movement of Buses and Vehicles:

- I. Inter-state movementof buses: will be allowed with mutual consent of the States, subject to compliance of the SOP which shall be issued by the Transport Department, Punjab.
- ii. Intra -State movement of buses: will be allowed subject to compliance of the SOP which shall be issued by the Transport Department, Punjab.
- iii. **Inter-State movement of passenger vehicles:** Inter-state movement of passenger vehicles like taxis, cabs, stage carriers, tempo-travellers and cars will be permitted against self-generated e-pass.
- iv. **Intra-State movement of passenger vehicles:** Intra-state movement of passenger vehicles like taxis, cabs, stage carriers, tempo-travellers and cars allowed without any restriction.
- v. **Bicycles, rickshaws and auto-rickshaws:** will be allowed subject to compliance of the SOP as issued by the Transport Department, Punjab.
- vi. **2-wheelers:** will be allowed subject to compliance of the SOP as issued by the Transport Department, Punjab.
- vii. **4-wheelers:** will be allowed subject to complinace of the SOP as issued by the Transport Department, Punjab. No pass would be required for permitted activities like shopping, going to office and work place.
- viii. Inter-State movement of goods: There would be no restriction on Inter-State movement of goods.
- ix. **Social visits:** By and large, there is no restriction on movement by persons within city or districts. However, such a movement shall be essential tasks and social visits, with no essential task shall be avoided and restricted. State Department of Health will issue a separate SOP in this regards.

12. Opening of Shops:

Shopping malls shall continue to remain closed. All shops including shops in main bazars in both urban and rural areas allowed to open between 7.00 am to 7.00 pm. Liquor vends shall however remain open from 8.am to 8pm. However, for shops situated in main bazars, market complexes and rehri markets and other crowed places, district authorities can exercise their discretion and in order to avoid crowding shall stagger the opening of shops.

Barber shops, hair-cut saloons, beauty parlours and Spas: will be allowed subject to compliance of the SOP as issued by the Health Department, Punjab.



13. Sports complexes and stadia:

Sports complexes and stadia: will be allowed without spectators as per the SOP oftheHealth Department

14. Industries and industrial establishments:

Industries and industrial establishments: All categories of industries are allowed to operate in both rural and urban areas.

15. Construction activities:

Construction activities: are allowed without any restriction in both the Urban and rural areas.

16. Agricultural, horticultural, animal husbandry, veterinary services:

Agricultural, horticultural, animal husbandry, veterinary services: are allowed without any restriction.

17. E – Commerce:

E – Commerce: are permitted for all goods.



18. Offices:

- (I) Central Government and Private Offices: allowed to open as per required strength without any restrictions except that compliance of social distancing and wearing of masks at all times, shall be ensured. If so required, the timinigs may be adjusted to work in small teams to ensure strict compliance of these restrictions.
- (ii) Punjab Government Offices: All the Punjab government offices would remain openas per required strength. However, Head of the Office will ensure that there is adequate space for maintaining social-distancing norms. If the space is inadequate, the employees will be required to attend office by rotation.
- (iii) District authorities may, however, in order to avoid crowding and congestion may stagger timings of various offices without curtailing the office hours.

19. Social distancing and wearing of masks:

Social distancing i.e. minimum 6 feet distance (do gaz ki duri) for all the activities shall always be maintained. Accordingly, if any permitted activity leads to crowding and congestion, then necessary steps in terms of staggering, rotation, timings of offices and establishments etc. be taken and it be ensured that principles of social distancing are not compromised.

Wearing of masks by all persons in public places, including work places etc. will be mandatory and must be strictly observed and enforced.

20. Permits and passes:

- (I) No separate permission would be required by the industries and other establishments to resume their operations. All employees, be it government offices, private offices and other work places, would be allowed to move without any requirement of pass during the permitted hours i.e. 5.00 am to 9.00 pm.
- (ii) There shall be no restriction on inter-state movement of persons and no separate permission or E- permit would be required for such movement. However, use of cova-app and self-generated 'e-pass' would be mandatory.



21. Use of Arogaya Setu:

Employees are advised to ensure that Arogaya Setuis installed by all the employees having compatible mobile phones. Similarly, individuals are also to be advised by the district authorities to install Arogaya Setu application on their compatible mobile phones and also regularly update their health status on the app.

22. Penal provisions:

Any violation of these guidelines and lockdown measures shall be punishable under sections 51 to 60 of the Disaster management Act, 2005 besides legal action under section 188 of Indian Penal Code (IPC).

23. Advisories:

The Health & Family Welfare Department, Punjab has issued advisories on different subjects. All concerned are shall ensure comlinace of these advisories as noted below-

- (i) Advisory dated 20.04.2020 for offices
- (ii) Advisory dated 23.04.2020 for banks
- (iii) Advisory dated 24.04.2020 for usage of air-conditioners in residential/commercial establishments.
- (iv) Advisory dated 25.04.2020 for industry
- (v) Advisory dated 26.04.2020 for MGNREGA works
- (vi) Advisory dated 28.04.2020 for shops
- (vii) Advisory dated 29.04.2020 for petrol pumps
- (viii) Advisory dated 30.04.2020 for goods vehicles
- (ix) Advisory dated 02.05.2020 for senior citizens
- (x) Advisory dated 06.05.2020 for transport buses
- (xi) Advisory dated 07.05.2020 for safety of food & other house-hold items
- (xii) Advisory dated 11.05.2020 for inter-state movement of persons
- (xiii) Advisory dated 12.05.2020 for hotels offering quarantine facility for overseas Indians